



Colegio de San Juan de Letran
Dominican Avenue, Abucay, Bataan
Library and Media Services

RESEARCH GUIDE: THEORIES OF PERSONALITY

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RESEARCH GUIDES

THEORIES OF PERSONALITY

I. SCOPE NOTE

Personality refers to individual differences in characteristics patterns of thinking, feeling and behaving. The study of personality focused on two broad areas: One is understanding individual differences in particular personality characteristics, such as sociability or irritability. The other is understanding how the various parts of a person come together as a whole. [Encyclopedia of Psychology](#).

II. SEARCH AIDS (BT: Broader Term, RT: Related Term, NT: Narrow Term)

BT:

- Psychology

RT:

- Psychoanalytic theory
- Neopsychoanalytic theories
- Life span theory
- Trait theories
- Humanistic theories
- Cognitive theory
- Behavioral theory
- Social learning theory

NT:

- Inner drives
- Unconscious motives
- Unresolved needs
- Unconscious mind
- Id
- Ego
- Superego
- Inferiority complex
- Psychosocial theory of development
- Analytical psychology
- Self-realization
- Unconscious anxiety
- Cardinal traits
- Central traits
- Secondary traits
- Temperaments
- Personal responsibility
- Self-actualization

- Self-concept
- Sensorimotor intelligence
- Preoperational thinking
- Concrete operational thinking
- Formal operational thinking
- Conditioned responses
- Conditioned reflex
- Operant conditioning
- Law of effect
- Self-efficacy
- Attention
- Memory
- Motivation
- Reciprocal determinism

III. INFORMATION SOURCES

A. LIBRARY RESOURCES

Note: For the appropriate access credentials, please contact the Letran Bataan Library

➤ E-JOURNALS

- Theory & Psychology.
https://www.proquest.com/central/publication/publications_32815
- Journal of Personality.
https://www.proquest.com/central/publication/publications_41698
- Journal of Clinical Psychology.
https://www.proquest.com/central/publication/publications_42414
- International Journal of Management Practice.
https://www.proquest.com/central/publication/publications_29716
- Social Behavior and Personality.
https://www.proquest.com/central/publication/publications_47863
- Behavioral Neuroscience.
https://www.proquest.com/central/publication/publications_49168
- British Journal of Psychology.
https://search.proquest.com/central/publication/publications_38178
- The Journal of Psychology.
https://search.proquest.com/central/publication/publications_36278
- Journal of Counseling and Development.
<https://search.proquest.com/central/docview/218966280/9E090B80E56D4F201>
- Journal of Personality.
https://search.proquest.com/central/publication/publications_498
- Personality and Social Psychology Review.
https://search.proquest.com/central/publication/publications_46274

➤ E-THESES

- Whalen, J. W. (1969). Erich fromm's theory of personality, McMahon and campbell's theory of christian maturity: A comparative study (Order No. EC55455). Available from ProQuest Central. (863516738). Retrieved from <https://www.proquest.com/dissertations-theses/erich-fromms-theory-personality-mcmahon-campbells/docview/863516738/se-2?accountid=190548>
- Wolfgang, G. (2004). Relationships between the two dimensions of adult attachment theory and the five factor theory of personality (Order No. 3139598). Available from ProQuest Central. (305209302). Retrieved from <https://www.proquest.com/dissertations-theses/relationships-between-two-dimensions-adult/docview/305209302/se-2?accountid=190548>
- Hanna, W. P. (2008). Mediating literacy instruction utilizing personality theory (Order No. 3337593). Available from ProQuest Central. (304838502). Retrieved from <https://www.proquest.com/dissertations-theses/mediating-literacy-instruction-utilizing/docview/304838502/se-2?accountid=190548>
- Scarborough, J. (2001). Predicting life satisfaction from psychoanalytic personality theory: An examination of ego integration, quality of object relations, and attachment style (Order No. 3008436). Available from ProQuest Central. (304720680). Retrieved from <https://www.proquest.com/dissertations-theses/predicting-life-satisfaction-psychoanalytic/docview/304720680/se-2?accountid=190548>
- Shyamsunder, A. (2008). The influence of dispositional and induced implicit theories of personality on the relationship between self-reported procrastination and procrastination behaviors (Order No. 3338470). Available from ProQuest Central. (304680645). Retrieved from <https://www.proquest.com/dissertations-theses/influence-dispositional-induced-implicit-theories/docview/304680645/se-2?accountid=190548>
- Harumi, Y. (2006). Relating implicit theories of personality, self -monitoring and self -construals in the united states and japan: Testing an integrated cultural trait psychology theory (Order No. 3248123). Available from ProQuest Central. (304965608). Retrieved from <https://www.proquest.com/dissertations-theses/relating-implicit-theories-personality-self/docview/304965608/se-2?accountid=190548>
- Angilella, M. (2005). Implicit theories of personality and their relationship to counseling-related variables in college students (Order No. 3188709). Available from ProQuest Central. (305007935). Retrieved from <https://www.proquest.com/dissertations-theses/implicit-theories-personality-their-relationship/docview/305007935/se-2?accountid=190548>
- Park, J. K. (2011). The influence of brand personalities on consumers: Exploring the moderating role of implicit self-theories (Order No. 3457212). Available from ProQuest Central. (874156769). Retrieved from <https://www.proquest.com/dissertations-theses/influence-brand-personalities-on-consumers/docview/874156769/se-2?accountid=190548>
- Lancaster, D. L. (2014). Using psychosocial development theory and personality typology in identifying at-risk characteristics of college honors students (Order No. 3682287). Available from ProQuest Central. (1657428425). Retrieved from <https://www.proquest.com/dissertations-theses/using-psychosocial-development-theory-personality/docview/1657428425/se-2?accountid=190548>

- Rutledge, E. (2016). Do implicit personality theories impact parental reactions to child transgressions? A randomized controlled trial (Order No. 10158944). Available from ProQuest Central. (1824357261). Retrieved from <https://search.proquest.com/docview/1824357261?accountid=190548>
- Bound, M. G. (2014). Nation-state personality theory: A qualitative comparative historical analysis of Russian behavior, during Social/Political transition (Order No. 10126094). Available from ProQuest Central. (1808210803). Retrieved from <https://search.proquest.com/docview/1808210803?accountid=190548>
- Thomas, A. (2016). Implicit theories of personality and mental health beliefs (Order No. 10042892). Available from ProQuest Central. (1776157957). Retrieved from <https://search.proquest.com/docview/1776157957?accountid=190548>
- Bradshaw, J. (2017). Relationship of five factor theory of personality and professional qualifications to convention center executives' career effectiveness (Order No. 10261901). Available from ProQuest Central. (1896531748). Retrieved from <https://search.proquest.com/docview/1896531748?accountid=190548>
- Mixon, M. M. (2018). Exploring adult learner characteristics and personalities: Integrated framework of knowles and holland (Order No. 10935371). Available from ProQuest Central. (2138693747). Retrieved from <https://search.proquest.com/docview/2138693747?accountid=190548>

B. OPEN ACCESS

➤ FREE E-BOOKS

- Maslow, A.H. (1970). Motivation and Personality, 2nd ed. New York: Harper Collins. [https://books.google.com.ph/books?hl=en&lr=&id=DVmxDwAAQBAJ&oi=fnd&pg=PR8&dq=%E2%80%A2+Maslow,+A.H.+\(1970\).+Motivation+and+Personality,+2nd+ed.+New+York:+Harper+Collins.&ots=cKMA9F_6b_&sig=s9ZscnLTHuoDbajYyIF6vbyaPc&redir_esc=y#v=onepage&q&f=false](https://books.google.com.ph/books?hl=en&lr=&id=DVmxDwAAQBAJ&oi=fnd&pg=PR8&dq=%E2%80%A2+Maslow,+A.H.+(1970).+Motivation+and+Personality,+2nd+ed.+New+York:+Harper+Collins.&ots=cKMA9F_6b_&sig=s9ZscnLTHuoDbajYyIF6vbyaPc&redir_esc=y#v=onepage&q&f=false)
- Schultz, Duane P. (2017). Theories of Personality, 11th ed. Boston: Cengage Learning. <https://rameliaz.github.io/files/course-materials/Theories%20of%20Personality.pdf>
- Boeree, Dr. C. George. (2006). Personality Theories. <https://webpace.ship.edu/cgboer/>

➤ FREE E-JOURNALS

- Journal of Research in Personality. <https://www.journals.elsevier.com/journal-of-research-in-personality/open-access-articles>
- Personality and Social Psychology Review (PSPR). <https://journals.sagepub.com/home/psr>
- The Open Psychology Journal. <https://openpsychologyjournal.com/>
- American Psychological Association. <https://www.apa.org/pubs/journals/psp/sample>
- Advances in Cognitive Psychology. <http://www.ac-psych.org/en/home>
- Journal of Personality and Social Psychology. <http://personalityproject.org/r/r.guide.html>
- Journal of Personality. <https://onlinelibrary.wiley.com/doi/full/10.1111/jopy.12567>
- European Journal of Personality. <https://onlinelibrary.wiley.com/journal/10990984>

➤ FREE E-THESES

- Thorgusen, S. R. (2010). Individual differences in working memory capacity predict personality. (Master's Thesis). University of Utah. Retrieved from <http://content.lib.utah.edu/cdm/singleitem/collection/etd2/id/2094/rec/638>
- Alanko, S. (2019). Personality in making music: How does your personality affect your practicing process and performing?. (Thesis). Royal College of Music in Stockholm. Retrieved from <http://urn.kb.se/resolve?urn=urn:nbn:se:knh:diva-3181>
- Mathew, T. (2013). Similarities and Differences in Perceived Work Motivation, Personality, and Culture : Snapshots of Australia and India. (Thesis). Bond University. Retrieved from <https://epublications.bond.edu.au/theses/106>
- Nienaber, R. (2014). The relationship between personality types and reward preferences. (Thesis). University of Johannesburg. Retrieved from <http://hdl.handle.net/10210/11000>
- Boudreaux, M. (2014). Personality-Related Problems and the Five-Factor Model of Personality. (Thesis). University of California – Riverside. Retrieved from <http://www.escholarship.org/uc/item/6r76q9c4>
- Quin, K. F. (2017). The relationship of personality traits and achievement motivation to course and career choice: a theoretical exploration and empirical investigation. (Thesis). Monash University. Retrieved from <https://doi.org/10.4225/03/58b359943f05a>
- Pruneddu, A. (2013). Implicit person theories and Q-sort: personality change in emerging adults. (Doctoral Dissertation). University of York. Retrieved from <https://etheses.whiterose.ac.uk/6503/> ;
<https://ethos.bl.uk/OrderDetails.do?uin=uk.bl.ethos.617116>
- Wolf, A. D. (2017). An examination of how personality traits and implicit theories of intelligence affect metacognitive control over study-time allocation. (Doctoral Dissertation). Columbia University. Retrieved from <https://doi.org/10.7916/D8H13DHV>
- Johnson, Chane William G. (2016). Personality traits and their effect on facebook user habits. [Master Thesis, Colorado State University]. Colorado State University. https://mountainscholar.org/bitstream/handle/10217/173446/Johnson_colostate_0053_N_13292.pdf?sequence=1
- Butrus, Ninawa. (2012). The Relationships between Personality Traits, Dysfunctional Schemas and Personality Disorder Features. [Dissertations, Australian Catholic University]. Australian Catholic University ACU Research Bank. <https://researchbank.acu.edu.au/cgi/viewcontent.cgi?article=1435&context=theses>
- Roberts, Gregory D. (2016). Developmental Traits and Patterns Emerging from Dependent Nurturing Individuals in Narcissistic Relationship. [Theses and Dissertations, University of Arkansas]. University of Arkansas, Fayetteville Scholar Works @ UARK.0020. <https://scholarworks.uark.edu/cgi/viewcontent.cgi?article=3122&context=etd>

C. PROFESSIONAL ORGANIZATIONS

- Association of Psychological Science. <https://www.psychologicalscience.org/>
- Interpersonal Psychotherapy Institute. <https://iptinstitute.com/about-ipt/>
- Human Behavior and Evolution Society. <https://www.hbes.com/>
- Psychological Association of the Philippines. <https://www.pap.org.ph/>

D. OTHER RELATED WEB PORTALS

- Personality Science. <https://ps.psychopen.eu/index.php/ps>
- Very Well Mind. <https://www.verywellmind.com/personality-psychology-study-guide-2795699>
- Cyber Psychology. <https://cyberpsychology.eu/article/view/4234/3278>
- Personality Project. <http://personality-project.org/>
- Personality Project. <http://www.personalityresearch.org/>
- Cyber Psychology. <https://cyberpsychology.eu/article/view/4234/3278>
- Personality Links. <http://www.personalityresearch.org/links.html>
- Springer Link. <https://link.springer.com/article/10.1007/s10994-013-5415-y>
- Simply Psychology. <https://www.simplypsychology.org/>
- Psych Central. <https://psychcentral.com/quizzes/>
- Psych Web. <https://www.psywww.com/>
- Positivepsychology.com. <https://positivepsychology.com/big-five-personality-theory/>

E. RELATED RESEARCH GUIDES

- University of Washington Library Research Guides. https://guides.lib.uw.edu/research?b=s&group_id=5469
- Harvard Library Research Guides. <https://guides.library.harvard.edu/?b=s>
- UCLA Library Research Guides. <https://guides.library.ucla.edu/?b=s>
- Syracuse University Libraries Research Guides. <https://researchguides.library.syr.edu/?b=s>
- Yale University Library Research Guides. <https://guides.library.yale.edu/?b=s>

IV. TUTORIALS

- Ch 20: Personality Development & Theories. <https://study.com/academy/topic/personality-development-theories.html>
- Open Text. <https://opentext.wsu.edu/psych105/chapter/10-5-learning-approaches-to-personality/>
- Webspaces. <http://webspaces.ship.edu/cgboer/persintro.html>
- Exploring the Many Psychology Theories of Personality. <https://thriveglobal.com/stories/exploring-the-many-psychology-theories-of-personality/>
- Personality Theories: Eight Major Approaches. <https://www.youtube.com/watch?v=pXBnNEia6Y>
- Personality theories. <https://www.youtube.com/watch?v=XJPYTSjaE-M>
- Theories of Personality; Concept of Personality. https://www.youtube.com/watch?v=5zJs_V6I9E
- Trait Theory - History of Personality Psychology. <https://www.youtube.com/watch?v=oUgClvKxbAE>
- Trait theory. <https://www.khanacademy.org/test-prep/mcat/behavior/theories-personality/v/trait-theory>
- Theories and Terminology of Personality Psychology. <https://www.verywellmind.com/personality-psychology-study-guide-2795699>
- Personality Theories: Types & Overview. <https://study.com/academy/lesson/personality-theories-types-lesson-quiz.html>

- Theories of Personality. https://www.tutorialspoint.com/organizational_behavior/theories_of_personality.htm
- Theories of Personality Course. <https://courses.aiu.edu/Theories%20of%20Personality.html>
- Explaining Personality: Learning and Humanistic Approaches. <https://courses.lumenlearning.com/wmopen-psychology/chapter/introduction-explaining-personality/>
- The Study of Personality: Introduction. https://us.sagepub.com/sites/default/files/upm-assets/23238_book_item_23238.pdf
- Personality Theories. <http://webspace.ship.edu/cgboer/persintro.html>
- TED Ideas worth Spreading. (Video). <https://www.ted.com/topics/psychology>
- Tutorials Point. https://www.tutorialspoint.com/organizational_behavior/theories_of_personality.htm
- Sophia. <https://www.sophia.org/tutorials/introduction-to-personality-theory-2>
- Thrive Global. <https://thriveglobal.com/stories/exploring-the-many-psychology-theories-ofpersonality/>

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